



Digestive Health  
Institute

*Presents the*

# 2025 Digestive Health Symposium

September 26—27, 2025

Balboa Bay Resort  
Newport Beach, California

September 28, 2025

Hoag Hospital Irvine Campus  
Irvine, California



Program Director

**Kenneth J. Chang, MD**

MASGE, AGAF, FACG, FJGES, FAFS

Executive Medical Director, Hoag Digestive Health Institute;  
James & Pamela Muzzy Endowed Chair in GI Cancer



Keynote Presenter

**Haruhiro Inoue, MD**

PHD, FJGES, FASGE

Professor & Chairman, Digestive Diseases Center,  
Showa University Koto Toyosu Hospital, Tokyo Japan  
Emeritus President of JGES (Japan Gastroenterological  
Endoscopy Society)



Register at [hoag.org/dhi2025](https://hoag.org/dhi2025)

# Conference *Overview*

Join global thought leaders in digestive health for a dynamic program featuring live cases, expert presentations, and interactive panels. Designed for gastroenterologists, general surgeons, physician extenders, primary care providers, and nurses, the sessions will cover key topics such as foregut, motility, pancreaticobiliary, bariatrics, hepatology, and IBD. Plus, don't miss a special half-day hands-on experience with the latest endoscopic technologies on Sunday, September 28.

# Educational Objectives

## Foregut/GERD Session

- Recognize evolving technology for diagnosis and treatment of esophageal disorders
- Explore options for difficult to treat GERD
- Identify recent advances in Barrett's Esophagus detection and treatment

## Pancreas/Biliary Session

- Describe the importance of a multidisciplinary approach in managing IgG4-related diseases
- Demonstrate endoscopic techniques for the evaluation of liver disease
- Evaluate the impact of new surgical techniques on complications and mortality rates

## Bariatric Session

- Provide updates on current and future GLP-1 based medications including upcoming clinical trials
- Provide updates on bariatric surgery options including primary and revisional options, medical inclusion criteria and future therapies
- Evaluate the benefits of a comprehensive weight and metabolic center of excellence, including education on updated medical, endoscopic and surgical therapies

- Analyze the clinical outcomes and benefits of endoscopic weight loss and metabolic therapies, focusing on endoscopic sleeve gastropasty for weight loss and duodenal mucosal resurfacing techniques for T2DM

## Hepatology Session

- Discuss the prevalence of MASLD in Asian populations and the limitations of BMI in diagnosis
- Identify best practices for cirrhotic liver management to reduce readmissions and improve quality of life
- Highlight the role of locoregional treatment of hepatocellular carcinoma, along with emerging technologies such as histotripsy in liver cancer treatment

## IBD Session

- Discuss developments in medical management and technology in improving outcomes in inflammatory bowel disease
- Review updated guideline on the management of anal intraepithelial neoplasia
- Assess the utility of prehabilitation and integrative approach in optimizing surgical outcomes for Crohn's disease
- Review the current evidence supporting the use of IUS in IBD



### Accreditation

Hoag Memorial Hospital Presbyterian is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

### Credit Designation

Hoag Memorial Hospital Presbyterian designates this educational activity for the maximum of 14.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity. This credit can apply to the CMA Certification of Continuing Medical Education.

### ABIM MOC Recognition Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Distinguished Faculty



**Program Director**

**Kenneth J. Chang, MD**

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**Haruhiro Inoue, MD**

**PHD, FJGES, FASGE**

Professor & Chairman, Digestive Diseases Center,  
Showa University Koto Toyosu Hospital, Tokyo Japan  
Emeritus President of JGES (Japan Gastroenterological  
Endoscopy Society)

## Invited Faculty

**Avni Jain, MD, FRPC**

Gastroenterologist, Vancouver General  
Hospital

**Linda Ahn B. Nguyen, MD, FACG, AGAF**

Clinical Professor of Medicine, Interim  
Clinic Chief of Digestive Health Center,  
Stanford University

**Mazen Nouredin, MD, MHSc**

Professor of Medicine, Transplant  
Hepatologist, Houston Methodist Hospital

**Brennan M. Spiegel, MD, MSHS**

Professor of Medicine, Director of Health  
Services, Cedars-Sinai Medical Center

**Amy M. Tyberg, MD, FASGE, FACG**

Professor of Clinical Medicine, Associate  
Chief of Interventional and Therapeutic  
Endoscopy, Hackensack Meridian School  
of Medicine, Hackensack Meridian Health

## Hoag Faculty

**Donald Abraham, MD**

Gastroenterologist  
Hoag Digestive Health Institute

**David T. Ahn, MD, MPH**

Endocrinologist, Chief of Diabetes Services  
Kris V. Iyer Endowed Chair in Diabetes Care  
at The Mary and Dick Allen Diabetes Center

**Carlos R. Beccera, MD**

Margaret Givan Larkin Endowed Chair in  
Developmental Cancer Therapeutics  
Medical Director, Cancer Research  
Hoag Family Cancer Institute

**Katherine S. Blevins, MD**

Bariatric and Foregut Surgeon  
Hoag Digestive Health Institute

**Melissa L. DeSouza, MD**

Bariatric and Foregut Surgeon  
Hoag Digestive Health Institute

**Adrian B. Dobrowolsky, MD, FACS,  
FASMBS**

Bariatric and Foregut Surgeon, Director  
of Bariatric Weight Loss Program

**Christy M. Dunst, MD, FACS, FAFS**

Chief of Foregut Program  
Hoag Digestive Health Institute

**Tse-Ling Fong, MD**

Director, Hoag Liver Program  
Hoag Digestive Health Institute

**Jared A. Forrester, MD**  
Hepatobiliary & Pancreas Surgeon  
Hoag Family Cancer Institute

**Steve Grossman, MD, PhD**  
Executive Medical Director  
Hoag Family Cancer Institute

**Caroline Hwang, MD**  
Program Director, Margolis Family  
Inflammatory Bowel Disease Program  
Hoag Digestive Health Institute

**Christina N. Jenkins, MD, FACS, FASCRS**  
Colorectal Surgeon  
Hoag Digestive Health Institute

**Ravi J. Kankotia, MD**  
Advanced Endoscopy  
Hoag Digestive Health Institute

**Paul J. Korc, MD**  
Medical Director, GI Laboratory  
Hoag Digestive Health Institute

**Rashmi Kumar, MD**  
Gastroenterologist  
Hoag Digestive Health Institute

**Brian T. Lee, MD**  
Hepatologist  
Hoag Digestive Health Institute

**Elizabeth R. Raskin, MD**  
Surgical Director, Margolis Family  
Inflammatory Bowel Disease Program  
Hoag Digestive Health Institute

**Matthew D. Stanley, MD**  
Thoracic Surgeon  
Hoag Family Cancer Institute

**Tara E. Seery, MD**  
Director, Hepatobiliary Cancers  
Co-Director Cell Therapy  
Hoag Family Cancer Institute

**Ronald R. Wolf, MD**  
Medical Director, Hepatobiliary and  
Pancreatic Surgery Program  
Hoag Family Cancer Institute

**William Oh, MD, FACS, FASCRS**  
Colorectal Surgeon  
Hoag Digestive Health Institute

**Matthew Oman, MD**  
Gastroenterologist  
Chair of Gastroenterology  
Hoag Digestive Health Institute

**Abhay Parikh, MD**  
Gastroenterologist  
Eric & Shiela Samson Endowed Chair in  
Gastrointestinal Health  
Hoag Digestive Health Institute

**Trushar J. Patel, MD**  
Chief of Interventional Radiology,  
Newport Harbor Radiology Associates,  
Hoag Hospital

**Daryl Pearlstein, MD**  
Director, Thoracic Surgery and Lung  
Cancer Program  
Hoag Family Cancer Institute

**Jennifer Phan, MD**  
Medical Director, Hoag Irvine Advanced  
Endoscopy; Director of Bariatric  
Endoscopy

**Babak N. Rad, MD**  
Program Director, Colorectal Cancer  
Surgery  
Hoag Family Cancer Institute

**Patrick Lee, MD**  
Hepatologist  
Hoag Digestive Health Institute

**Daniel A. Ng, MD**  
Colorectal Surgeon  
Hoag Family Cancer Institute

**Catherine B. Ngo, MD**  
Program Director, Hoag Motility Program  
Hoag Digestive Health Institute

**Puong (Phoenix) Nguyen, MD**  
Medical Director, Hoag Newport Beach  
Advanced Endoscopy

Friday, September 26, 2025  
Balboa Bay Resort

7:00 – 7:50 AM      Registration, Breakfast, and Exhibits

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**Session 1 - Foregut and GERD**

- 8:00 – 8:15 AM      **Welcome and Program Introduction**  
Dr. Kenneth Chang
- 8:15 – 8:30 AM      **When PPI isn't Enough: GERD Treatment Updates**  
Dr. Christy Dunst
- 8:35 – 8:50 AM      **Barrett's Esophagus: When to Refer for Screening and Advanced Therapy**  
Dr. Melissa DeSouza
- 8:50 – 9:05 AM      **Diagnosing Achalasia with High Resolution Manometry: A Practical Approach**  
Dr. Catherine Ngo
- 9:05 – 9:20 AM      **FLIP the Script: How Endoflip is Improving Care in the Endoscopy Suite and OR**  
Dr. Katherine Blevins
- 9:25 – 9:40 AM      **Surgical Video: Putting It All Together**  
Dr. Christy Dunst
- 9:40 – 10:10 AM      **Morning Break, Refreshments, and Exhibits**
- 10:10 – 11:15 AM      **Live Cases and Q&A**  
Session Faculty and Special Guest Moderator Dr. Haruhiro Inoue
- 11:20 – 12:15 PM      **Lunch and Exhibits**
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**Session 2 - Pancreas and Biliary**

- 12:20 – 12:25 PM      **Session Introduction**  
Dr. Phoenix Nguyen and Dr. Ronald Wolf
- 12:25 – 12:40 PM      **Developing a Multidisciplinary Approach for IgG4 Diagnosis and Management**  
Dr. Paul Korc
- 12:45 – 1:00 PM      **EUS-Guided Interventions**  
Dr. Amy Tyberg
- 1:05 – 2:05 PM      **Live Cases and Q&A**  
Moderated by Dr. Phoenix Nguyen and Dr. Ronald Wolf
- 2:10 – 2:25 PM      **Robotic Assisted Approaches to Surgical Management of Pancreas Cancer**  
Dr. Jared Forrester
- 2:30 – 2:45 PM      **Surgical Care of Walled Off Pancreas Necrosis**  
Dr. Christine Chung
- 2:45 – 3:10 PM      **Afternoon Break, Refreshments, and Exhibits**

### Session 3 - Bariatric

3:15 — 3:20 PM	<b>Session Introduction</b> Dr. Adrian Dobrowolsky
3:25 — 3:40 PM	<b>Endoscopic Weight Loss and Metabolic Therapies: Novel Options for Patients with Obesity and Type 2 Diabetes</b> Dr. Jennifer Phan
3:45 — 4:00 PM	<b>What's New and Next in Obesity Medication?</b> Dr. David Ahn
4:00 — 4:15 PM	<b>Surgical Video: Common Bariatric Surgical Procedures</b> Dr. Katherine Blevins and Dr. Melissa DeSouza
4:15 — 5:15 PM	<b>Live Cases and Q&amp;A</b> Dr. Adrian Dobrowolsky, Dr. Abhay Parikh, and Special Guest Moderator Dr. Haruhiro Inoue
5:15 — 5:30 PM	<b>Bariatric Surgery is Alive and Well - Using Goal Directed Therapy in this Confusing World of Obesity Management</b> Dr. Adrian Dobrowolsky
5:30 — 6:30 PM	<b>Connect and Collaborate: Networking Reception</b>

## Saturday, September 27, 2025 Balboa Bay Resort

7:00 — 7:50 AM	Registration, Breakfast, and Exhibits
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### Session 4 - Endoscopy: Past, Present and Future

7:55 — 8:00 AM	<b>Welcome and Session Introduction</b> Dr. Jennifer Phan
8:00 — 8:35 AM	<b>Keynote Presentation: Innovations, Technology and the Future</b> Dr. Haruhiro Inoue
8:35 — 9:10 AM	<b>Journey with EUS/FNA/FNB, Endohepatology and GERD/TIF</b> Dr. Kenneth Chang
9:10 — 9:20 AM	<b>Q&amp;A</b> Moderated by Dr. Jennifer Phan
9:20 — 9:40 AM	<b>Tech and Toys in the Diagnosis and Management of Foregut Motility</b> Dr. Linda Nguyen
9:40 — 10:00 AM	<b>Artificial Intelligence in GI: Where We've Been and Where We're Going</b> Dr. Brennan Spiegel
10:00 AM — 10:10 AM	<b>Q&amp;A</b> Moderated by Dr. Jennifer Phan
10:10 — 10:40 AM	<b>Morning Break, Refreshments and Exhibits</b>

### Session 5 - Hepatology

10:40 — 10:45 AM	<b>Session Introduction</b> Dr. Tse-Ling Fong
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10:45 — 11:00 AM	<b>Updates in Cirrhosis Management and Clinically Significant Portal Hypertension</b> Dr. Patrick Lee
11:00 — 11:15 AM	<b>Non-cirrhotic Portal Hypertension</b> Dr. Brian T. Lee
11:15 — 11:30 AM	<b>Updates in Digital Pathology and Innovation</b> Dr. David Braxton
11:30 — 11:45 AM	<b>Recent Advances in Locoregional Therapy for Liver</b> Dr. Trushar Patel
11:45 — 12:05 PM	<b>Advances in MASLD/MASH Therapeutics</b> Dr. Mazen Nouredin
12:05 PM — 12:15 PM	<b>Q&amp;A</b> Session Faculty, Moderated by Dr. Tse-Ling Fong
12:15 — 1:30 PM	<b>Lunch and Exhibits</b>

## Session 6 — IBD

1:30 — 1:35 PM	<b>Introduction</b> Dr. Caroline Hwang and Dr. Donald Abraham
1:35 — 1:50 PM	<b>Updates in IBD Medical Management: Navigating the Many Choices for Your Patient</b> Dr. Caroline Hwang
1:50 — 2:05 PM	<b>The Role of Intestinal Ultrasound in IBD: What's Behind the Growing Interest</b> Dr. Rashmi Kumar
2:05 — 2:20 PM	<b>Integrative Surgery for Crohn's Disease</b> Dr. Elizabeth Raskin
2:20 — 2:35 PM	<b>Anal Intrepthelial Neoplasia: Multidisciplinary Management in Diagnosis &amp; Treatment</b> Dr. Christina Jenkins
2:35 — 2:55 PM	<b>Case Discussion and Q&amp;A</b> Session Faculty
2:55 — 3:00 PM	<b>Symposium Conclusion</b> Dr. Kenneth Chang
3:30 — 5:30 PM	<b>Breaking the Mold: Women, Innovation &amp; the Power of Connection</b> Keynote Presenter: Kitty Brunswick, Co-Founder, Hoag Innovators

**Sunday, September 28, 2025**  
**Hoag Hospital Irvine**

## Hands-On Endoscopy

7:30 — 7:50 AM	<b>Registration and Breakfast</b>
8:00 — 12:00 PM	<b>Hands-on Endoscopy Sessions</b>
12:00 PM	<b>Workshop Conclusion</b> <b>Boxed Lunch Provided</b>

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Register before July 18 to receive  
20% off published registration fees.

## Registration Fees

	2-Day Symposium & Hands-On Workshop	2-Day Symposium	Hands-On Workshop
Hoag Medical Staff Members	\$225	\$200	\$50
Hoag PA, NP, RN, Technologists, and Fellows	\$50 (refundable deposit)	\$50 (refundable deposit)	\$25
Physicians	\$500	\$400	\$100
PA, NP, RN, Technologists, and Fellows	\$200	\$150	\$50

Registration includes breakfast, lunch, and refreshments. Daily valet parking is \$30 per vehicle, per visit. Conference attendees are responsible for vehicle parking charges. There will be a 3% administrative fee for all cancellations.